



Dr. Shore Dermatology

Dermatology - Cosmetics - Excellence

Retinol Instructions

- Only apply at night. Wash off in the morning.
- Mix with moisturizer when applying.
- If you are experiencing a burning sensation, stop using. It is normal to have redness or skin peeling from the product.
- If you have not used a Retinol before or have not used it in 2 months, do not use it every day.
- If you are having any facial procedures, contact the provider regarding discontinuation of the product before and after treatment.
- Recommended Schedule: Week 1-2 use twice a week (M and F); Week 3-4 use every other day; After 4 weeks use every day