



Dr. Shore Dermatology

Dermatology - Cosmetics - Excellence

Laser Hair Reduction

Pre Treatment Instructions

Ronald N Shore Dermatology

- Please inform us of any medications or medication changes before each treatment
- Contraindications for treatment:
 - a. Pregnant or Nursing
 - b. Keloids
 - c. Sun exposure, tanning bed, self tanner, or spray tan (within 4-6 weeks)
 - d. Accutane (within 6 mos-1 year)
 - e. Antibiotics
 - f. Retinol/Retin A
 - g. Autoimmune Disorders or Diabetes
 - h. Seizures or Migraines
 - i. Botox/Fillers (in treatment area within 2 weeks)
- Shave the area to be treated the morning of or evening before the scheduled treatment
- Do not wax, tweeze, or irritate the treatment sites during the treatment duration
- Laser Hair Reduction only targets the hair follicles during the Anagen (growth) phase, this is why multiple treatments are necessary
- If you have a history of herpes, prophylactic antiviral therapy must be started the day before treatment and continued one week after treatment
- The use of tanning creams, tanning beds, or bronzers must be discontinued before and during treatments.
- Avoid strong deodorants subsequent to hair reduction treatment of the underarms