



Dr. Shore Dermatology

Dermatology - Cosmetics - Excellence

Botox®/Dysport®

Post care instructions

Ronald N Shore Dermatology

- Visible bumps may be seen at the injection sites. These are normal and may last up to a few hours post-injection.
- Botox®/Dysport® will start to work in 5-7 days and peak in about 2 weeks. Please note, that if an additional product is needed, it will not be injected until 14 days after your initial injection.
- Do not lie down for 1-hour post-injection.
- Do not massage the treatment area.
- Do not do strenuous exercise for 24 hours following your injection.
- Do not get a massage, do microdermabrasion, or do any other activity that may move the product for 24 hours after injection.
- If your forehead was treated, do not wear a hat or headband for 48 hours.
- You may cleanse your face normally this evening but please do not massage the injected area. If you routinely use a Clarisonic brush, do not use it tonight. Also, do not use any abrasive exfoliants or scrubs.
- Bruising may be seen. This happens in a small percentage of treatments but will not affect your treatment results. There also may be some discomfort associated with it. Bruising should resolve within 1-2 weeks. The use of Arnica Montana (available at health food stores), may help with bruising. It is available both topically (as a gel) and Orally.
- Cosmetics, moisturizers, and lotions may be used the next days, but do not apply extreme pressure or do anything that may cause discomfort.
- No anti-inflammatory drugs
- Sensitive or blurry vision is possible for 2-3 days post-treatment. Wear sunglasses and moisturize eyes with moisturizing eye drops.
- Flu-like symptoms are rare, but may last 2-3 days. Fluids, rest, and Tylenol/Motrin maybe used.
- Any severe swelling, itching, redness, increasing discomfort, or discharge from the treated area should be reported to the office: (301)-468-2100